



Live a Good Life.

Pole Pedal Paddle

***Mt. Bike Racer's Supplemental
Information***

Saturday, May 16, 2020

Bend, Oregon

A Benefit for the Mt. Bachelor Sports Education Foundation

MBSEF

563 SW 13th St., Ste. 201

Bend, OR 97702

www.pppbend.com

Please make sure you read the Competitors Packet for all other race details. This little packet will hopefully answer some of your burning questions. O.K., here goes!

Here is how it is going to work:

1. If you are the person that is riding a road bike and transitioning to a mountain bike, you will need to drop your mountain bike off before the race starts. Please drop your bike off at Wanoga by 9:00 a.m. There will be so many bikers coming down Century Drive starting at 9:30 a.m., so we really don't want people turning into Wanoga after that time.
2. Once you are up at Mt. Bachelor, make sure you get your bike (that you are riding from the Alpine area to Wanoga) checked out at the Sunnyside bike check area that will be near the Nordic to Bike Exchange at the Mt. Bachelor parking lot. You can do this between 7:30 a.m.-10:30 a.m.
3. Then, once it has been checked over by the mechanics, go place it in the Mountain Bike Exchange Area. Exact location is TBD but will be in the parking lot near the finish of the Alpine leg of the race. **DO NOT PLACE YOUR BIKE IN THE NORDIC TO BIKE TRANSITION.**
4. After you or your teammate finishes the Alpine/Snowboard leg of the race, you will proceed to the Bike rack area that is just for the Mountain Bike Category.
5. You will be directed by volunteers on how to exit the Mt. Bachelor parking lot and get onto Century Dr.
6. Please note that once you leave the parking lot and start riding onto Century Drive, you will be riding in the left lane and cars will be passing you on the right. So please be alert. Once you pass the Sunriver detour (remember, you aren't turning there, you are to continue on Century Drive to Bend) you will then go into the bike lane like a normal biker should.
7. After you pass the Sunriver Detour and have shifted into the bike leg headed to Bend, you will be turning right at the Wanoga Snow Park. This is about 1.5 miles past the detour. There will be a flagger making sure you make the turn. You will have an entirely different colored bib number than the racers that are doing the traditional race. The flaggers will know to only direct the mountain bike category to Wanoga. There will possibly be other bikes on the road that are doing the traditional race. They need to go straight.

8. If you aren't familiar with Wanoga, it's a big area. And there are basically two distinct areas at Wanoga. You are wanting to go to the eastern most parking lot. So this means, once you are at Wanoga, go straight and then take a left to the east lot. We will have volunteers directing, but I think this is important to know a head of time. So your area is where the sledding hill and the pump track is. You will see an exchange area in the parking lot with volunteers. There will be a few bike racks there. This will also be right at the entrance to the Funner Trail.
9. The Mountain Bike Trail is Funner to Storm King to Conklin Road (aka Road 41). When you exit the dirt, you will take a left onto Conklin. It's pavement. Continue until you see Century Drive. Take a right and then proceed to the Bike to Run exchange at the Athletic Club of Bend.
10. The trail is technical for the first few miles. It's rocky and it's o.k. to dismount and walk your bike through technical sections. There is no judgement. We just want you to be safe. Once you hit the junction and go left on Storm King, it's awesome. A nice downhill that is quite mellow. We will have the course marked and volunteers and medical help on the trail. Have fun!
11. Here are a few scenarios of how the Mountain Bike Leg can be done:
 - a. You rack your road bike and jump on your mountain bike (that you previously dropped off by 9 a.m.) and do the course.
 - b. You are already on your mountain bike, so you just listen to the volunteers tell you where to go and you get on the trail.
 - c. You aren't doing the mountain bike part. Your teammate is. So once you see them in the exchange zone, they will take the transponder off your ankle and they will put it on theirs and start riding.
12. No Drafting on the Road portion.
13. A big thank you to the Central Oregon Trail Alliance and the Deschutes National Forest Service for allowing us to use this trail system.
<https://www.cotamb.com/> COTA is always looking for donations and volunteers! Thank you again.





